



New Leaf Enterprises

Catering Menu

22 Fielding Avenue

Dartmouth, Nova Scotia B3B 1E2

902.455.9044 ext. 236

www.easterseals.ns.ca

Breakfast

- Muffins, cinnamon biscuit danish, cinnamon biscuit danish with cream cheese icing, banana bread, lemon loaf, tea biscuits, assorted pastry \$2.00
- Gluten friendly muffins \$3.00
- Breakfast Wraps (egg, cheese, ham or bacon & green onion) \$6.50
- Fruit tray with dip: medium \$45.00 large \$60.00
- Fruit salad (minimum order of 10) \$3.95 per person
- Build your own Fruit Parfait (minimum of 10) \$4.95 per person
- Individual yogurt (minimum order of 4) \$2.50 each
- Fresh fruit \$2.95 each

Beverages

- Bottled water \$1.95
- Assorted juices \$1.95
- Canned sodas \$1.95
- Coffee and Tea \$15.00 – 1 pot - serves 10 (8 oz cups)
- Coffee and Tea \$20.00 – 1 airpot - serves 15 (8 oz cups)

Our coffee and tea are served with disposable cups, milk, coffee cream, stir sticks, sugar and sugar twin.

Sandwiches

&

Wraps

Tuna Salad – Egg Salad – Ham & Cheddar Cheese – Roast Beef – Roast Chicken –

Vegetarian Sandwiches & Wraps

Chicken Caesar Wraps, Breakfast Wraps

All of the above on white & whole wheat breads and wraps

Sandwiches: \$4.95 Wraps: \$5.95 Breakfast Wraps \$6.50

Sandwiches on specialty breads: \$5.95

Gluten Free Sandwiches: \$5.95

Soups

Chicken noodle – Italian wedding – Beef & Barley – Tomato vegetable – Tomato vegetable with chicken -Broccoli & Cheese – Tomato Tortellini, Minestrone & more... \$4.50

Klondike Chili \$6.95 Vegetable Chili \$6.95

Chowder \$6.95

All soups, chowders and chili are served with a roll or homemade biscuits

Salads

- Garden Salad \$5.95 Spinach Salad \$5.95
- Caesar Salad \$5.95 Potato & Macaroni Salad \$5.95
- Greek Salad \$5.95 Add Chicken \$3.00

Baked Goods

\$2.00 each

- Assorted Homemade Cookies (2 cookies)
- Assorted Squares
- Banana Bread & Lemon Loaf
- Cinnamon Biscuit Danish
- Cinnamon Danish with Cream Cheese Icing
- Assorted Muffins

- Gluten Friendly Muffins \$3.00 each
- Carrot-Pineapple Cake with Cream Cheese Icing (12.5 in x 17.5 in) \$55.00

Hot Lunches

Choose from our favourites: \$13.95 each

- Lasagna (meat or vegetarian) with caesar salad & garlic bread
- Baked chicken breast, rice & vegetables
- Sweet & sour meatballs, rice & vegetables
- Stir-Fry chicken, rice & vegetables

Trays

Medium Fruit Tray (serves 10 – 15 people)	\$45.00
Large Fruit Tray (serves 15 – 25 people)	\$60.00
Medium Veggie Tray (serves 10 – 15 people)	\$45.00
Large Veggie Tray (serves 15 – 25 people)	\$60.00
Small Cheese Tray & crackers	\$60.00
Large Cheese Tray & crackers	\$85.00
Small Cold Cut Tray	\$60.00
Large Cold Cut Tray	\$85.00

To request a quote, place an order or if you have questions please contact Irena Grundt

Phone: (902) 455-9044, ext. 236

Email: i.grundt@easterseals.ns.ca

Order our catering and support our programs

- We require 24 hour notice for all orders
- 24 hour cancellation notice required
- All orders must be confirmed by phone or email
- Due to fluctuation of food cost, all prices are subject to change without notice
- If less than 24 hours' notice, a charge may apply for any labor and ingredients which have been used in preparation for your catering
- Gluten friendly muffins and sandwiches are available on request
- Bowls, plates, napkins, cutlery, etc. are supplied based on the number of people
- Delivery charge within Halifax and Dartmouth: \$15.00
- All prices are subject to 15% HST
- Methods of Payment: cash, Visa, MasterCard, cheque

***Please be advised, the following potential allergens are handled within our facility:
milk, eggs, wheat, soybean, peanuts, tree nuts, fish & shellfish***

